



University of Peradeniya
Centre for Distance and Continuing Education
Bachelor of Arts (External) - 2024
Sanskrit

SUPE 101 – Ayurveda, Society and Cultural Practice

(Time: Three Hours)

Answer five (05) questions only

There are eight (08) questions in total in this question paper. One correct answer gets maximum of twenty (20) marks.

- 1) Examine different views on the origin of the *Āyurveda*.
- 2) Name eightfold *Āyurveda* and provide two exhaustive notes on any two of them.
- 3) Give an exhaustive description on the structure of the *Carakasamhitā* OR the *Suśrutasamhitā*.
- 4) Elucidate human diseases as enumerated in the *Sūtrasthāna* of the *Carakasamhitā*.
- 5) Describe following with reference to the twentyfold instruments (*śastra*) in the *Suśrutasamhitā*.
 - i. Methods of application of the instruments (*śastras*)
 - ii. Strategies of *grahaṇa*
 - iii. Benefits and defects of instruments (*śastras*).
- 6) Name sixfold machines (*yantra*) and differentiate the distinction between machines (*yantra*) and instruments (*śastra*).
- 7) What are the instructions given in the *Sadvṛtta* of the *Carakasamhitā* for the control of senses and healthiness of a person?
- 8) Point out similarities between *Āyurveda* and *Sāṅkhya-yoga* philosophy.